

**COLLEAGUES IN MARRIAGE: SURVEYING AND COMPARING SATISFACTION OF MARRIAGE
RELATIONSHIPS IN FAMILIES WITH NORMAL CHILDREN AND FAMILIES WITH DISABLED CHILDREN
DURING LIFETIME IN ALBORZ PROVINCE**

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ABSTRACT: The parent research surveys factors that influence on satisfaction of marriage. This research is post-occurrence one. In other words, it surveys the post and tries to find cause from effect. The sample research consists of 100 people and simple random sampling method has been used. 50 of these people are parents of normal children and 50 people are parents of mental retarded children between the ages 25-50. In this research enrich questionnaires have been used for measuring satisfaction of parents from marriage life. Through this questionnaire besides getting information about personal specifications such as education, age and job, other factors such as interest and love of parents or disagreement between them were evaluated.

KEYWORDS: Marriage, satisfaction, normal children, disabled children

INTRODUCTION

Always we should value special values for youth and young people of different societies in order to prevent from causing problems, because this main and large part of the society needs support of families and society and experience has show that if youth and young people don't get concepts correctly, they can't think correctly in many fields and they'll face with many problems and finally they'll be unsatisfied in all stages of the life. It's necessary for every man and woman to evaluate each other during life and naturalize their unexpected behaviors that will lead to un-stability of their lives. Here, it should be noted that these compromise changes may sometimes be the result of environment. In this case man and woman should change their environment and prevent from unpleasant changes in their lives. Liaft believes that for being familiar with the effect of family on mental health, its main part is marriage satisfaction of the couples and stages of growth and evolution of family should be considered carefully (Goodman, 1997).

1.1. Expressing the problem and necessity of research

One of the ways that a person has extra ordinary power against sexual instinct is possible, is through marriage. For recognizing factors influencing on marriage satisfaction, specialists believe that succeeding in marriage needs special powers and skills that both couples should have them and one of them is

communication skill and the ability of solving problem. On the other hand we should note that social, political and cultural changes have changed our attitude toward marriage and our expectations from common life have changed. In today relations, not regarding common rights and imposing our individual demands on each other, has been changed to a danger alarm for the people and may sometimes dissociate affective relations between the couples. Social and personality growth of persons generally depends very much on the relations between them. From the point of definition, every social contact needs relation between ideas. Among disabled people the manner of relation is important (Matsuishi *et al.*, 2004). It should be said that mental retardation and mental disorder of people has different reasons and because parents don't have enough information, many problems are caused for people and society. One of the most important problems is marriage unsatisfaction of parents and sometimes sensitivity of parents of such children has caused problems for the society and the family. So, we should try to teach ways of increasing merit and self-esteem to the families and mental retarded children, and so these parents should have opportunity to express their feelings about their disabled children, feelings such as disappointment, guilty, deny, anger and displeasure (Muris *et al.*, 2004). Today, marriage relationships in families are affected by many factors such as disability of children. Mental retardation is one of the disabilities that according to the reports faces

mental health of the families with risk seriously. Recognizing and declaring this situation naturally can lead to improvement of mental health of parents. Meanwhile it has the most effect on mental retarded child from positive and negative sides (Mullick and Goodman, 2001). Marriage satisfaction of parents so can have much effect on the improvement of mental retarded child. So, it is tried to promote mental health of these groups of children through such researches.

RESEARCH AND INVESTIGATION

This research is post-occurrence one. Its aim is finding possible reasons of a behavior pattern. For this purpose, subjects that have special subject are compared with subjects that don't have such behavior. This method is called post-occurrence, because it refers to subject that its reason has already happened and its study at present time is through the effect of a variable on another one, the variable that is called effect now. The group that is being studied in this research are parents of mental retarded and normal children in Alborz province and Karaj. Sample research consists of 100 people that among them 50 people are parents of normal children and 50 are parents of mental retarded children with the ages between 25-50 years old. From the total of statistic group, 100 people were chosen as a sample by simple random sampling method. Through this questionnaire, besides getting information about individual specifications such as education, age and job, other factors such as interest, love and satisfaction of couple or being disagreement in the family were evaluated. Subjects can choose one of the following choices: completely agree, agree, neither agree nor disagree, disagree and completely disagree. For performing this research, Enrich questionnaire was given to the parents of both groups. Parents were asked to answer the questions in calm and quiet environment. Statistical method was used for comparing two individual groups, of course by paying attention to the research method and data of the test.

RESULTS AND DISCUSSION

Table (1) shows the average number of marriage satisfaction of parents with mental retarded children and parents of normal children.

Table 1: Average of marriage satisfaction in Parents of mental retarded children and Parents of normal children

Group	Index	Average of marriage satisfaction
Parents of mental retarded children		162.14
Parents of normal children		154.75

Diagram (1), it has compared the average number of marriage satisfaction of two groups of children (normal and mental retarded) and it has shown that marriage satisfaction of parents of mental retarded children is less than that of normal ones.



Figure 1: compare the average number of marriage satisfaction of two groups of children (normal and mental retarded)

3.1. Limitations of investigation

- Refusing of answering the questions by some couples because of fearing of divulging their personal problems about marriage life to their husbands or others.
- Not collaborating from the side of some educational and rehabilitating centers in answering the questions of marriage satisfaction by parents of mental retarded children.
- Diversity in sample group and not being consistency in it that has decreased internal trust of the research.

SUGGESTIONS

- It is necessary to guide families of mental retarded children by experienced people.
- Teaching people manners of affecting different factors on marriage dissatisfaction through media.
- Presenting consulting services to the families by counseling specialists.
- For getting more information about the subject it is necessary to pay more attention to the research that is done throughout the society.

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